

# Name: Ramen Noodle Salad

<b>Yield:</b>	<b>Author: Barbara Walker</b>		
<b>Ingredients</b>	<b>Actual</b>		<b>Notes</b>
	<b>Weight</b>	<b>Measure</b>	
Cole slaw mix	1 lb		
Water chestnuts – 1 can			
Onion – 1 small			Chopped
Almonds, slivered	1/2 cup		
Sunflower seeds	1/2 cup		
Ramen noodles – 2 pkgs			Crumbles
Ramen seasoning – 2 pkgs			For dressing
Sugar	1 tsp		For dressing
Vegetable oil		1/3 cup	For dressing
<b>Preparation</b>			
<b>Cooking Directions</b>			
1. Combine first 6 ingredients and toss. 2. Combine ramen seasoning, sugar and vegetable oil and add to salad, tossing to mix well. 3. Let sit in refrigerator overnight. Note: Oriental seasoning provides best flavor.			